Presents:
Community Education Programs

Fall Edition

Community Ed Program booklet now available at:
- gbparks.recdesk.com
- grandblanc.schoolblocks.com
- www.twp.grand-blanc.mi.us
- Your School
- GBPR Office (360 E. Grand Blanc Rd.)

Register at:
gbparks.recdesk.com
STEAM—The Power of Electricity
Students will learn the ins and outs of electricity and lights while working with Little Bits, circuit pieces and building their own flashlight. At the conclusion of the program students will design a house with an alarm and lights to keep out an intruder. Parents are invited on the last day for a student showcase (Nov. 10), where their children will showcase and present their electrical projects and what they learned. For Grades 3-5. 
Tuesday & Thursday 6:00-7:30 pm Mason Elementary Community Rm 9/29/16-11/10/16 No Class 11/08 (Additional Family Member $225) $250

Understanding Your Android Smartphone or Tablet
Bring your Android smartphone or tablet to class to learn about one of the most powerful mobile computing platforms. Learn tips and tricks to make using your Android device easy, fun and rewarding. Browse default applications and discover other useful apps. Learn how to set up email, use GPS, shoot photos & videos to save or share, how to connect to WiFi and more. Also, learn how to save battery life and decrease charging time. For Ages 18+ Instructor: Machuk
Tuesday 6:00-8:30 pm Perry Center Verb Lab 11/22/16 $35

Understanding Your iPhone or iPad
Do you want to learn more about your iPad or iPhone? Understanding how to use these two Apple products can be frustrating at first. This iPad & iPhone class covers all the basics for using your iPad or iPhone to its potential. We will go over security, basic settings, the App Store and more. Learn how to save battery life and decrease charging time. This class is interactive, so if you’d like to bring your device, please do so. For Ages 18+ Instructor: Machuk
Tuesday 6:00-8:30 pm Perry Center Verb Lab 11/1/16 $35

Working with Digital Photos
So, you’ve taken a bunch of photos on your digital camera, smartphone, or tablet. Now what? With so many options available these days, taking and editing photos can be complicated. If you’re new to digital photography, editing your images might seem daunting. There are many different types of software out there, but with the majority of them you can do the same basic tasks to improve your images. This class will walk you through some image editing basics: straightening, cropping, exposure, contrast, saturation, spot correcting, adding text and borders and more. Learn how to transfer pictures to and from your computer, tablet, or smartphone and how to post them to sites like Facebook and Instagram. Backing your photos up to a flash drive or CD will also be covered. For Ages 18+ Instructor: Machuk
Thursday 6:00-8:30 pm Perry Center Verb Lab 10/27/16 $35
The Basics of Selling on eBay I
Got too much stuff? Make money cleaning out your garage or basement by selling your unwanted belongings on eBay! The Basics of Selling on eBay I is designed to equip beginners with the fundamental knowledge and skills to become a successful seller on eBay. Taught by a veteran eBay power seller who is also an education specialist trained by eBay, the course teaches you how to: create eBay and PayPal accounts, display and describe the items that you are selling and determine pricing and listing options. An 86 page eBay prepared study guide may be purchased for $20 on the day of the class. Basic Computer skills required. Instructor: Friske
Thursday 6:00-9:00 pm  Perry Center Verb Lab
10/6/16 $30

The Basics of Selling on eBay I
Got too much stuff? Make money cleaning out your garage or basement by selling your unwanted belongings on eBay! The Basics of Selling on eBay I is designed to equip beginners with the fundamental knowledge and skills to become a successful seller on eBay. Taught by a veteran eBay power seller who is also an education specialist trained by eBay, the course teaches you how to: create eBay and PayPal accounts, display and describe the items that you are selling and determine pricing and listing options. An 86 page eBay prepared study guide may be purchased for $20 on the day of the class. Basic Computer skills required. Instructor: Friske
Thursday 6:00-9:00 pm  Perry Center Verb Lab
10/20/16 $30

The Basics of Selling on eBay II
Got too much stuff? Shed those unwanted belongings using eBay! The Basics of Selling on eBay II takes you to the next level in your quest to master the art of turning trash into cash using global internet commerce. Learn tips and tricks from a veteran eBay Power Seller who is an Education Specialist trained by eBay. In this course, the instructor brings an item to be sold and the class participates in “putting it on eBay.” Students are also encouraged to bring a small item from home for guidance in preparing it for eBay. Participation requires that students bring study materials from the first class and have active eBay and PayPal accounts. Instructor: Friske
Thursday 6:00-9:00 pm  Perry Center Verb Lab
11/3/16 $30
Upbeat Dance for Adults: Swing, Ballroom & Latin Series
Learn a rotation of Swing, Ballroom and Latin Dancing for your upcoming reception, cruise or party event in this fun & easy going class. Each class begins with dance instruction and concludes with a practice-to-music session to improve your skills. This series has been designed with the absolute beginner in mind and is taught at a pace you will feel comfortable with. Bring some friends, a pair of smooth sole shoes and join us! Instructed by UpbeatDanceStudio.com

Wednesday 6:00-6:55 pm Mason Elem. Gym
9/28/16-11/9/16  No Class 11/2/16  6 Sessions  Per Couple $85

Upbeat Dance for Adults: East Coast Swing Series
This class is for those who would like to learn or refresh the beginner moves and grow beyond the basics with fun and exciting variations in East Coast Swing Dancing. Each class begins with dance instruction and concludes with a practice-to-music session to improve your skills. Instructed by UpbeatDanceStudio.com

Wednesday 7:00-7:55 pm Mason Elem. Gym
9/28/16-11/9/16  No Class 11/2/16  6 Sessions  Per Couple $85

Upbeat Dance for Adults: West Coast Swing Series
This class is for those who would like to learn or refresh the beginner moves and grow beyond the basics with smooth and flashy variations in West Coast Swing Dancing. Each class begins with dance instruction and concludes with a practice-to-music session to improve your skills. Instructed by UpbeatDanceStudio.com

Wednesday 8:00-9:00 pm Mason Elem. Gym
9/28/16-11/9/16  No Class 11/2/16  6 Sessions  Per Couple $85

Ultra Beginner Line Dance
Dancing the night away is a wonderful way to exercise; not only does it promote good health while being physically active, but it’s a great way to enjoy music and meet new friends. No equipment is needed except comfortable shoes, a willing attitude and a smile. You don’t even need a partner. This basic class is designed with the absolute beginner in mind. We dance to all types of music: country, rock & roll, waltz and pop. Line dancing is low impact and may help with many aspects of good health. So bring your friends and come join us for an evening of fun, exercise and good music.
Instructor: Rudkin

Tuesday 6:30-8:00 pm Perry Center Gym
9/27/16-11/1/16  6 Sessions  $54
Pre-Beginning Yoga
This class is designed for the student who is unfamiliar with yoga and meditation. If you have wanted to enroll in a beginner class but have felt too intimidated, this class is for you! Each class will include plenty of discussion and Q&A sessions. Basic yoga postures are taught in a clear and concise manner with modifications being offered to meet your physical ability. For example, if you can’t lie flat on the floor, simply bend your knees or sit in a chair. Please bring a yoga mat and a blanket to class. Dress in comfortable clothing that allows for movement. And remember, if you can breathe, you can do yoga! Instructor: Gruszka

<table>
<thead>
<tr>
<th>Wednesday</th>
<th>6:30-8:00 pm</th>
<th>Brendel Gym</th>
<th>$94</th>
</tr>
</thead>
<tbody>
<tr>
<td>10/5/16-12/7/16</td>
<td>8 Sessions</td>
<td>No Class 11/16 &amp; 23</td>
<td>Early Bird $89</td>
</tr>
</tbody>
</table>

Aqua Aerobics
Enjoy the healing properties of water exercise! You may sweat, but you’ll never know it in the water. This class will be geared toward moderate/high intensity, however all fitness levels are welcome. Each class will include a warm up, cardio, deep water, a cool down and stretch. It is so much fun that it does not feel like a workout. Minors 14-17 years old may attend this class with a parent or guardian. Participants are taught by a certified Arthritis Foundation Aquatic Program Leader. Instructor: Griffel

<table>
<thead>
<tr>
<th>Tues &amp; Thurs</th>
<th>5:30-6:30 pm</th>
<th>High School West Pool</th>
<th>$85</th>
</tr>
</thead>
<tbody>
<tr>
<td>9/27/16-11/01/16</td>
<td>10 Sessions</td>
<td>No Class 10/20</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Tues &amp; Thurs</th>
<th>6:00-7:00 pm</th>
<th>High School West Pool</th>
<th>$85</th>
</tr>
</thead>
<tbody>
<tr>
<td>11/3/16-12/13/16</td>
<td>10 Sessions</td>
<td>No Class 11/8, 11/24</td>
<td></td>
</tr>
</tbody>
</table>

Zumba®
Work out to the hottest fitness craze that combines easy dance steps with body sculpting moves using Latin and International rhythms such as Salsa, Cumbia, Merengue, Reggaeton, Belly Dance, and some current music. The music is contagious and Fun! Grab a friend, low-tread shoes, your water bottle, and a towel . . . get ready to sweat! “Ditch the work-out! Join the Party!” Minors 14-17 years old may attend this class with a parent or guardian. Instructor: Thiel

<table>
<thead>
<tr>
<th>Thursday</th>
<th>5:30-6:30 pm</th>
<th>Myers Elementary Gym</th>
<th>$54</th>
</tr>
</thead>
<tbody>
<tr>
<td>9/22/16-12/3/16</td>
<td>9 Sessions</td>
<td>No Class 10/6, 11/17, 11/24</td>
<td></td>
</tr>
</tbody>
</table>
Watercolor: Painting Fall Themes
For an artist, autumn is rich with color and subject matter. Join beginning/advanced beginner painters as we create a weekly painting based on the beauty of fall. Simple, easy to follow instruction builds basic painting skills as you explore various watercolor techniques. Painting projects are guided but allow for individual interpretation and expression. This class is a great opportunity to try watercolor for the first time or try something new if you’re already painting. All supplies (paper, paint, brushes and equipment) for this three week class are provided by the instructor including mats for your finished paintings. A $10 materials fee is due to the instructor at the beginning of the class. Students age 16 & Up. Instructor: Penning

Wednesday 6:30-8:30 pm Perry Center Rm 210
10/05/16-10/19/16 $60

A Taste of Watercolor
This class, with simple, easy to follow instruction, is a great starting point for beginning watercolorists or those with minimal painting experience. Have fun learning some basic watercolor techniques while creating a seascape, sunflowers, or a landscape painting suitable for framing. All supplies provided by instructor (including a mat for your finished painting) offering students and opportunity to explore watercolor with a big investment. A $10 materials fee is due to the instructor at the beginning of the class. Students age 16 & Up. Instructor: Penning

Thursday 6:30-8:30 pm Perry Center Rm 210
10/20/16-11/03/16 $60

Learn to Play the Guitar Like You’ve Always Wanted!
This 5 week beginning guitar course will show you how to play your favorite songs in the shortest possible time. Instructor Brad Rebar has designed this course based on many years of playing and teaching guitar. After the first class you will be strumming and playing chords on the guitar. The subjects covered are guitar care, how to practice, how to read TAB, how to play chords and strum and basic music theory. When you reach the end of this course you will be on the road to playing 1000s of guitar songs. No amplifiers please. A $20 book fee will need to be paid to the instructor at the beginning class. Instructor: Rebar

Tuesday 7:00-8:30 pm Perry Center Library
10/4/16-11/1/16 5 Sessions $65
Back to School with Essential Oils
Get your kids back-to-school ready with essential oils!! Using essential oils as a regular part of your child’s daily routine may not only help their health, but can also help boost their cognitive performance. Who doesn’t want that for their child? In this class, we will learn all about essential oils and how they can help to support immunity, keep kids focused and alert, improve mood, ease the back to school jitters, and much more! This is a great class for parents, teachers and educators and you’ll learn helpful tips for preschool aged children through college! We’ll be making FOUR products that will get your household back to school ready – a germ buster spray, focus & calming blend, critter-free hair spray, and a bedtime spray! A $15 supply fee is due to the instructor at the beginning of the class. Instructor: Holleboom
Wednesday  6:30-7:30 pm  Senior Center Arts & Craft Rm
9/28/16  $12

Healthy, Beautiful Skin with Essential Oils
True beauty resides within each and every one of us. Your skin deserves to be pampered by products as natural as your beauty, especially considering your skin is your body’s largest organ. During this class, we invite you to discover the luxury of essential oils and our secrets to radiant looking skin and an ageless complexion. All attendees will be making and taking home products that will nourish your skin and reveal your most beautiful self, all free of chemicals found in mainstream skin products! The products we will be making include: an amazing wrinkle and fine line reduction serum, a foaming face wash, and a facial mist! A $15 supply fee is due to the instructor at the beginning of the class. Instructor: Holleboom
Wednesday  6:30-7:30 pm  Senior Center Arts & Craft Rm
11/09/16  $12

German for Beginners
Are you interested in learning the same language as Einstein, Bach, Mozart, and Beethoven? If so, come join in the fun to learn all about how to read, write, speak and understand the basics of German. You will learn basic greetings, how to order food/drinks from a menu, how to buy tickets, and other situational phrases to get around town in a German speaking country. We may also cover the difference in German dialects. To successfully complete this course, you will need: pen, notebook, and an English-German (vice versa) Dictionary. Ages: 14+ Instructor: Williams
Monday  6:00-7:00 pm  East Middle School Room 150
11/07/16-12/12/16  6 Sessions  $56
**Little Ninjas Karate**
The Little Ninjas Karate program is an introductory karate class specifically designed for children ages 4-5 years old. It focuses on teaching children eight important main life skills: focus, memory, teamwork, discipline, self-control, fitness, balance and coordination. All this is achieved through exciting and fun games and activities! **A responsible adult must remain in attendance during class. Uniforms not included—Participants will have the option to purchase a uniform.** Ages: 4-5 years old. Your child has the option to earn his or her first stripe at the completion of this class. Your child’s instructor will give you more information on Challenge Day during the course of this class. Instructor: Miller

**Thursday** 5:30-6:00 pm  
Brendel Gym

9/29/16-11/19/15  6 Sessions $35

**Kids Power Karate**
The Kids Power Karate program offers traditional martial arts training, which emphasizes self-defense, physical fitness, conflict resolution, team work, and anti-kidnapping techniques for ages 6-12 years old. This program is designed specifically for children and teaches prevention first. It does not promote active aggression but teaches children to respect themselves, others, and the skills they learn. This introductory program to traditional Tang Soo Do has been commended by many communities, law enforcement personnel, teachers, and parents for the positive impact it has on children. It is a 20-year proven program that is positive, fun, exciting and educational. **An optional opportunity will be provided for your child to earn his or her first yellow belt following the conclusion of this class. You will receive additional information from your child’s instructor regarding cost, time, and location.** There is no better program for kids! A responsible adult must remain in attendance during class. **Uniforms not included—Participants will have the option to purchase a uniform.** Ages: 6-12 Instructor: Miller

**Thursday** 6:15-7:00 pm  
Brendel Gym

9/29/16-11/3/16  6 Sessions $40

**Babysitter Training with the Safe Sitter Program**
This course includes how to care for a choking infant or child, CPR for children and infants, basic first aid, personal safety for the babysitter, injury prevention, how to care for children (feeding, diapering, etc.), preventing problem behavior, behavior management, ethics and babysitting as a business. **Ages: 11-14.** Successful completion of the course provides the student with a certificate, handbook and the tools to become a competent babysitter. **A $20 material fee will need to be paid to the instructor on the first day of class.** Instructor: McFadden

**Thursday** 5:00pm-8:00pm  
Perry Center Library

10/6/16 & 10/20/16  2 Sessions $85